Games
# Games

## Inside or Outside

| 1. **All You Can Eat Diapers** | Fill clean diapers with nasty looking, but good tasting food – pudding, peanut butter, applesauce. Have 3 contestants race to eat them clean. A twist on this one is to have gummy worms hidden in the pudding…or peanuts. | • 3 diapers  
• Diaper “fillings”  
• Dropcloth  
• Towels for cleanup |
| --- | --- | --- |
| 2. **Alka Seltzer Challenge** | Get about three or four couples. Put an Alka-Seltzer tab on one of the partner’s forehead. Use a rubber band to secure the tab. Place goggles and garbage bag on that person. Hand a squirt gun to the other partner. On your command squirt away. Whoever dissolves their Alka-Seltzer tab first wins. | • Alka Seltzer tablets  
• Rubber bands  
• Squirt guns (check school rules on this) |
| 3. **Apple On String** | Have two blindfolded guys trying to eat the same apple on a string. Move the apple around and then remove it all together. The joke is on them! | • 1 apple  
• 1 string (thread through the apple) |
| 4. **BB Butts** | Have 3-4 guys up front holding frying pans over their butts. Girls shoot BBs through a straw and rack up points by hitting their target. | • Frying pans  
• BBs |
| 5. **Baby Feeding** | Have 3 freshmen guys sit on senior girls’ laps and drink a baby bottle filled with coke and then get burped. Give points for the loudest or longest. (or have them burp every 10 seconds). Cut a slightly larger hole in the bottle so it goes faster. Can also be fun to have the guys wear diapers over their pants! | • 3 baby bottles filled with Coke  
• 3 “diapers” for the guys (make them out of cloth – or use Depends for a realistic look) |
| 6. **Baby Food Hot Potato** | Groups of 10 sit in a circle. Pass the baby food jar around to music, like hot potato. When the music stops, whoever is holding the jar must take a spoon-full. Start with applesauce and build to something foul like pureed beef with spinach. | • 2-3 jars of baby food per 10 kids  
• 1 spoon per 10 kids  
• Start/stop music person |
<p>| 7. <strong>Balloon Blow Up</strong> | Have three co-ed teams. The girl holds the balloon while the guy blows it up until it pops. Switch. | • Big balloons |
| 8. <strong>Balloon Squeeze</strong> | 3 pairs of guys and girls. Each pair gets a balloon to put between them. Without using hands, they have to pop balloon first. Can do it “most in a minute” too. Beware of any “risqué” popping techniques ‘cause you know those kids and they’ll do it to get laughs! | • At least 3 balloons |
| 9. Banana Eating Contest (Trick Ending) | Get a guy who is able to take the joke, but new enough to YL that he hasn’t seen this knee-slapppin’ YL classic. You can either pit him against two other guys or against two girls - doesn’t matter. However, make it appear that this is a three way competition. Blindfold the contestants and place 3 bananas in front of each of them. Once the contestants are blindfolded, get the crowd all hyped up so they start cheering. Remove the blindfolds of the two other contestants and give them the (index) finger to the mouth “quiet” sign. When you say “go”, get ready for some big laughs and big barf because that guy is going to eat a bunch of bananas all by himself. | • At least 9 bananas • 3 blindfolds • Barf bag |
| 10. Beach Ball Waddle | 3-4 couples lock arms back to back and hold beach ball between them. Try to get around pylon and back without dropping ball | • 1 beach ball (basketball works too) per couple |
| 11. Birthday Face Decorating | Have 3-4 guys lie on their backs and have girls decorate their faces with icing, candy sprinkles and candles. Don’t light the candles or you’ll end up getting wax in the decorations. Let the crowd choose the best face. | • 1 can of icing per face • candy sprinkles, decorations • Drop cloth |
| 12. Blind Shoe Grab | Have five girls and 5 guys paired up. Each girl takes off their shoes and throws them into a pile. Blindfold the guys and mix up the shoes. Girls must verbally direct the guy to their shoes and back. | • No supplies needed |
| 13. Blow Pop Challenge | Have 3-4 “volunteers” up front. Give them each a Blow Pop sucker. The first one to unwrap it, and bite into it, to the gum, and blow a bubble wins. | • 3-4 Blow Pop suckers |
| 14. Bread Slice Challenge | Have a leader challenge anybody in the audience to eat a slice of bread in less than 20 seconds. Stress that it must be swallowed completely and they cannot wad it up. It seems totally do-able, but it is virtually impossible so offer up a really good prize to generate interest. Don’t use Wonder bread, use a wheat bread of some sort. And don’t use one of those skinny long French breads ’cause their slices are tiny. You’ll get schooled. | • Several slices of bread • Fancy prizes |
| 15. Butt Charades | One kid from each grade stands up front with their back to the audience. They spell words in the air using only their butt. &quot;Mississippi&quot; is a great one! So is “butt&quot;! | • No supplies needed |</p>
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<td><strong>16. Candle and a Pop</strong></td>
<td>Two kids sit at a card table with a candle and a Coke. The object is to be the first to drink your Coke and still have your candle lit. The trick is you can only drink your Coke while your candle is lit. Of course, the other person is trying to blow out your candle. It’s crazy I tell you! Make sure you have two big boxes of those wood-stick matches and make sure the candles have really big, tip-proof bases. Don’t want any fires!</td>
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<td></td>
<td>- Card table</td>
<td>- 2 chairs</td>
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<td><strong>17. Candy Race</strong></td>
<td>Take three guys out of the room and blindfold them. While they're gone set up a trail of small candies, M&amp;M’s, gummy bears, etc. Tell the blindfolded guys that they will each have a trail of candy to follow. When you bring them back into the room, though, take the blindfolds off two of the guys, leaving one guy to crawl around on the floor by himself eating candy. Best if this guy is a new leader or Club kid who doesn’t know what is going on.</td>
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<td></td>
<td>- 3 blindfolds</td>
<td>- Assorted candy</td>
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<td><strong>18. Caramel Onion</strong></td>
<td>Best at Halloween time. Three guys race to eat their caramel apple, of course, one is a caramel onion. The oldest caramel onion trick in the book and that guy just fell for it! Big barf potential.</td>
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<td>- 2 caramel apples (on sticks)</td>
<td>- 1 caramel onion (on stick)</td>
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<td><strong>19. Cheeky Cheeky</strong></td>
<td>This is dedicated and sometimes sold by a grandma character. The truth is that we all will be grandmas and grandpas soon so we need to practice. Bring up 6-7 kids - guy girl alternating with a girl at the end (all are in on it before club except for the last guy before the last girl). Standing in line always facing the audience they quickly relay down the line a &quot;cheeky, cheeky&quot; (they say it as they squeeze some part of the other persons face between their forefinger and thumb). When receiving the cheeky cheeky you must close your eyes like you would if grandma was doing it and then you must relay it quickie to the next person. Do it over and over, faster and faster, but the last girl each time has lipstick on her fingers and is decorating the face of the guy next to her without him knowing it! He looks goofier and goofier each time. This must be a kid that can handle it. The girl may need to practice, if it doesn’t work it is usually because the guy sees stuff on her hand or she leaves a big glob. Have a towel for him to clean up.</td>
<td></td>
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<tr>
<td></td>
<td>- Lipstick</td>
<td>- Towel (clean up)</td>
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| 20. Cheeto Beard | Get a guy and a girl from each class to come up front. The guys get on their knees and the girls give them a shaving cream beard (make sure this goes quickly and with minimal mess). The girls then stand about 6-8 feet from the guys and when the whistle blows, they start “puff spitting” Cheeto balls at the guys beards. They try to get as many to stick as possible in 60 seconds or so. Make sure you have drop cloths and several towels handy for cleanup. You could also just use razors to clean off the shaving cream and then those guys get a clean, close shave too. Bonus for them. | • Shaving cream (not whipped cream)  
• Cheeto balls (3D Doritos work well also)  
• BIG drop cloth  
• Plenty of towels for clean-up |
| 21. Chubby Bunny | Here’s how it works: Get four or more people (1 freshman, 1 sophomore, etc.) and a couple big bags of jumbo marshmallows. Tell the contestants to stuff one the marshmallows in their mouth, but not to chew it. Then they must clearly say, “Chubby Bunny.” Keep adding marshmallows and have the contestants continue to say “Chubby Bunny” until it is no longer audible. The person with the biggest mouth and the most marshmallows in it wins! Some controversial variations include: Bloody Bunny (marshmallows pre-soaked in red food coloring), Infected Bunny (w/ green and yellow food coloring). | • Several bags of large marshmallows  
• Drop cloth |
| 22. Clothespins on Face | Pair up 3 guys and 3 girls. They see how many clothespins you can get on their partner’s face in 1 minute. You will need at least 25 per person. Don’t clip to eyelids. | • At least 75 clothespins (usually come 100 to a bag) |
| 23. Cold Toes | Fill two or three buckets with ice water. Put bunches of marbles in the bottom of each bucket. Have kids compete by seeing who can retrieve the most marbles using only their toes. | • 2-3 five-gallon buckets  
• 2 bags of ice  
• marbles  
• water |
<p>| 24. Cookie Tower | Get teams of 3 or 4 people up front. Each team member is armed with cookies. Within one minute, the team members must stack their cookies, one on top of the other, on one person’s forehead. The team with the most cookies stacked wins. Variation: Once the cookies are stacked, see which team can eat them (no hands) first | • Several packages of cookies (small ones like Oreos or Nilla Wafers work best) |</p>
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<th>Cotton Ball Drag Race</th>
<th>Line about three or more kids up on a starting line made of masking tape. Have them get down on all fours at the starting line. Give them each a flexible straw and a cotton ball. The goal is to have a race to see who can blow their cotton ball and crawl down the thirty feet or so to the other masking tape finish line. The actual race is pretty quick so plan on having a couple of rounds and a final “blow off” to get your champion.</th>
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| 25. |   |   | • Package of straws (flexible are best)
|   |   |   | • Bag of cotton balls
|   |   |   | • Masking tape

| 26. | Cotton Ball Drop | Give each team a pile of cotton balls. They must move the cotton balls to another location by using vaseline on their noses. They must shake off the cotton balls – no hands allowed – so it should actually be called “Cotton Ball Soccer”, since it is exactly like soccer, but with cotton balls instead – but still, the no hands rule applies. |   |
|   |   |   | • Several bags of cotton balls
|   |   |   | • Vaseline

| 27. | Cotton Ball Pick-Up | Have a 3 blindfolded kids kneel down on the floor with a pile of cotton balls in front of them and a plastic spoon. The object is to put the balls into a bag with the spoon only. Contestants can’t use their free hand. Right before it starts, remove cotton balls in front of one kid so he is scooping air. Right before it ends, replace cotton balls so he thinks he got zero. Have the loser eat 25 cotton balls. |   |
|   |   |   | • Several bags of cotton balls
|   |   |   | • 3 blindfolds
|   |   |   | • 3 plastic spoons
|   |   |   | • 3 brown paper bags

| 28. | Cozy Mummy | Have 3-4 pairs of kids stand back to back. Give them a roll of toilet paper and see who can do the best job wrapping themselves into a mummy |   |
|   |   |   | • 3-4 rolls of toilet paper

| 29. | Dance or Dare | Contestants are brought up front with a game show host and his or her assistant. They are given the choice to Dance or Dare. They then draw a card from the appropriate pile. If they choose dance, they are given a dance and uniform (Disco outfit, hand jive, twist) The dares are similar (sing Elvis style, etc). |   |
|   |   |   | • Game show host outfit
|   |   |   | • Pre-selected music
|   |   |   | • “Costumes” that go with selected music
|   |   |   | • Pre-written Dance or Dare cards

| 30. | Dare to Drink It | Mix different concoctions (ice cream, spaghetti sauce, sardine juice, pickle juice, etc.), blindfold kids and ask them if they will dare to drink concoction. Take pictures of their faces upon contact. Possibly give prizes to the most daring. |   |
|   |   |   | • Drink ingredients
|   |   |   | • Barf bags

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| **31. Dump Charades**  
*A Younglife Classic!* | Take three kids out of a room. Tell them they will “act out” a motor cross rider, a fan at an exciting game, a roller coaster ride (or possibly also a bucking bronco) using sounds, no words, and a chair.  
Whoever is with these kids must show them how to do it, give them ideas, get them fired up - this time out of the room and the right kids will make or break this skit. You may want to pull them out and sing one more song just to buy time to teach them how to go for it!  
Before they come in one at a time, tell crowd you have asked the actors to act out how they “take care of business” on the throne (or however you want to say it). | • No supplies needed |
| **32. Eat That Food** | Somewhat like the old-school Name that Tune. Blindfold two kids and bring out some sort of food. Let them smell it briefly. The first kid claims “I can eat that food in (blank) bites”.  
Of course the next kid either claims they can eat it in less bites, or they say “eat that food” and the first kid has to do it. Try not to use food that is too nasty. You don’t want it to turn into a yakfest. Also, make 5-6 bites the maximum. Good food items include peeled bananas, scoop of ice cream, SPAM, Jell-O, etc.... | • 2 blindfolds  
• Various food items  
• Gift certificate to McDonalds for winner? |
| **33. Egg Me Baby**  
*A Younglife Classic!* | This is a weekly carry-over competition. Max duration is about 4-6 weeks.  
One challenger, one champion (from the week prior) play egg roulette with a carton of numbered eggs. Make 11 hard boiled, 1 raw per container. Kids never handle the eggs, they just pick the number and the leader cracks it on the head of the other person. The kid who gets the raw egg loses.  
Make an “Egg Me Baby” shirt or trophy to pass on to the winner each week.  
Use a dropcloth. | • 11 hard boiled, 1 raw egg each time – numbered 1-12 with a permanent marker  
• Drop cloth  
• Trophy or t-shirt to pass on to winner each week |
34. Family (of God) Feud

Pass out questionnaires the week before asking for things like favorite teacher, etc. Plan Family Feud based on the answers. You can also make questions up. Develop a final bonus round with prizes. Your host will mean a lot and you will want to have cheesy music and an announcer to "tell them what they can win."

Sample Young Life Family Feud Questionnaire

1. The first thing you do when you get up is…
2. Where do you go on a date?...
3. What rule do your parents have that you would change?
4. Name the place you would go on vacation.
5. What is your favorite Olympic sport?
6. All of a sudden you are given $1000, what is the first thing that you would buy?
7. Name your favorite band.
8. Name your favorite car
9. Your favorite fast-food place is
10. Name an English-speaking country
11. Your favorite flavor of ice cream is
12. The #1 video game is
13. Your favorite brand of peanut butter is
14. Name a yellow fruit or vegetable.

At the end of the game, sing “We Are the Family of God” to reinforce the whole message of the game.

- Need to plan this one 2 weeks ahead
- Questionnaires
- Cheesy gameshow host music and clothes
| 35. **Feel the Force** | Bill it as a battle of the sexes and pull up two girls and two guys to have sword battles with a plastic golf tube each (make sure the tube is not sharp on the end, if so, pad it with foam).

Put the guys back to back with about three to four feet in between them and explain that each guy is fighting their girl. Also explain that there is no hitting above the shoulders.

As they are about to begin, stop the match and blindfold them. Blindfold the girls first, explaining that they are blindfolded so that they can "feel the force" and then blindfold the guys. After the guys are blindfolded, take the blindfolds off the girls and give them a helmet for protection. The girls end up hitting the guys without taking hits and the guys usually even end up hitting each other.

Be careful with this game, it can be great, but dangerous so think through it. Play *loud* Star Wars music in the background while they are swinging.

You will need: golf club tubes. Sell this with some classic music from Star Wars and two people (preferably Darth Vader and Luke Skywalker characters) coming in the room with a classic light saber (golf tubes) battle. (Yoda also is funny if you can find a mask at a costume store.) |
|---|---|
| 36. **Fight For Your Man** | Have 5 guys (underclassmen) sit in chairs in a circle facing out. Have 6 girls (upperclassmen) play "musical chairs" w/ the guys. Tell them they need to "fight for their man" and battle each other for the remaining seat. Play it just like musical chairs, removing one chair after each round.

Good music is critical for this one |
| 37. **Forty Inch Dash** | Give 3 kids a 40 inch piece of string with a marshmallow tied to one end. They place the loose end in their mouths and, using no hands, race to eat their way to the marshmallow.

No actual eating of the string should occur – make this very clear – they should simply bunch it up in their mouth. But hey, if someone wants to eat string, don’t try to stop them. |
| 38. **Funnel In Pants** | The all time cruelest YL trick.

Pick a guy who is a *great* sport and tell him he must balance 3 pennies on his nose for 5 seconds and then drop them into a funnel in the front of his pants. Make him do variations (hands behind back, one foot). On the last one, when he tips his head back, pour water down the funnel. |
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<th>No.</th>
<th>Activity</th>
<th>Description</th>
<th>Materials/Notes</th>
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<tr>
<td>39.</td>
<td>Girl Arm Wrasslin'</td>
<td>Girls just don't get enough opportunity to arm wrestle in public. Have two girls come to the front and do just that. Encourage the crowd to root for their favorite. Two out of three wins a prize.</td>
<td>Arm Wrasslin' prize</td>
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<td>40.</td>
<td>Gum-in-Mouth Unwrap</td>
<td>Four or five people are given a piece of gum with wrapper. They must unwrap in their mouth and blow a bubble.</td>
<td>5 pieces of gum</td>
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| 41.  | Head Magnet                     | Have 3-4 kids put a stocking over their head. Wrap double-sided tape around the top half of their heads. Next, spread the miscellaneous small items on a long table, or on the floor. Instruct the kids that, once the music starts, they should get as much of the stuff on the table to stick on their heads as they can. The person with the most stuff on their head wins! | Table (optional, but works best)  
1 stocking per kid  
double-sided tape  
Miscellaneous small items (pennies, ping pong balls, etc.) |
| 42.  | Head-to-Head Ice Cream Feed     | Have 3 pairs of kids lie down head to head (like this: >-I-0 0-I-< ) with one bowl of ice cream per pair. One person in each pair feeds ice cream to the person behind them. The first team to empty their bowls wins. | 3 bowls of ice cream (toppings optional)  
plastic spoons  
BIG drop cloth  
Cleanup towels |
| 43.  | Human Christmas Trees           | Each class decorates someone with ornaments and lights, etc. Plug in and sing Christmas carols.                                                                                                                                                  | 4 strands of lights (100)  
ornaments, tinsel, spray-flock (optional – check toxicity and clean-up) |
| 44.  | Kleenex Blow and Grab           | Three pairs are needed for this one. One person lies on the floor with a straw in their mouth and blows Kleenex up in the air. Their partner tries to catch the Kleenex in a roll-out party horn. | 3 straws  
Kleenex  
3 roll-out party horns |
| 45.  | Kool-Aid Feast                  | Ask three volunteers to sit in chairs facing the rest of the group. On a signal they each open a different flavored packet of Kool-Aid. They then lick just one finger and dip it into the packet. The person who in that manner is the first to eat all of the Kool-Aid in the packet wins. It's hilarious because they do not anticipate it being so sour, and they usually end up with it all over their lips. | 3 packs of Kool-Aid  
Cleanup towels  
Bottled water for each contestant when finished |
### 46. Licorice and a Lifesaver

**A Younglife Classic!**

Need 3-4 guy/girl pairs. Guy and girl on each end of a licorice rope w/ a lifesaver in the middle. They race other teams to see who can eat the rope and the lifesaver first.

- 1 long licorice rope per pair
- Package of Life Savers

### 47. Lifesavers on Face

3 couples. Each girl gets 2 packs of Lifesavers and 2 minutes to lick and arrange on guys face. Couple with most lifesavers stuck on guys face wins.

Points for artistic value.

- 3 packs of Life Savers

### 48. Low-Budget Karaoke

Tell the kids that it's Karaoke Night, and 3 lucky people will have a chance to show off their musical talent. Unfortunately, there were budget cuts from the home office in "Your area", and we couldn't afford any type of Karaoke machine.

So instead, each "volunteer" will have to sing their song using a walkman instead. Have kids sing along to the music they are listening to. The other kids in club can't hear the music, only the wailing of each singer.

- 1 walkman / discman / MP3 player
- Cheesy pop music

### 49. M&M Drop

Need 3-4 pairs. One person kneels while the other person lies on the floor with their head next to their partner and feet towards the audience. The kneeling person sucks M&M's (from a pile on the floor) on the end of a straw and drops them into a cup that their partner on the floor is holding in their mouth.

The team with the most M&Ms in the cup when time is up is the winner.

- Regular M&Ms (peanut are too heavy)
- 1 straw per pair
- 1 cup per pair

### 50. Make Me Smile

Bring up 3 contestants who can keep from smiling. Then bring up the challenger who thinks they can make someone in the group crack a smile. Then let the wacky stuff happen!

- No supplies needed

### 51. Makeup Artiste

Bring several guy/girl pairs up front. The guy holds the lipstick in his mouth and puts and applies it to the girl's lips. You may want to put a trash bag on the girl, just in case.

- Lipstick
- Trash bags
| **52. Milk The Latex Glove** | Need 3-4 pairs. Teams race to see who is the best at “milking” rubber gloves.

Fasten the gloves around necks of guys on all fours so they kind of look like a cow. Don’t fasten the gloves around the torso for obvious reasons.

Make very small pin holes in the tips of the fingers of the gloves. Have a measuring cup to see who wins and a container for each to milk into. Play cow sound effects and country music in the background. |
|---|---|
| **53. Mystery Buckets** | Basically, you play a trivia game between two people and if someone gets the answer wrong after “buzzing in” on the whoopee cushion, then they get the “mystery bucket” dumped on their head.

Fill the mystery bucket with cotton balls, small amount of water, confetti, hot dogs, goo, etc. Can be fun if “Mystery Man” or “Mystery Mamma” hold the buckets.

Every time their name is mentioned, play “mysterious” music (Knight Rider theme works great). They can act all “mysterious”.

Pre-selected trivia questions

Whoopie cushion (any buzzer will work also — Taboo has a good one)

A bucket

4 or 5 different bucket contents – keep them a secret as you fill the bucket |
| **54. Name That Person!** | Divide into two even teams. For larger groups, divide into four teams and have a play-off with the two winning teams and two losing teams. Give each person a blank 3x5 card (or piece of paper) and have him write five little known facts about himself and sign his name. Examples: I have a pet snake; my middle name is Fabio; I was born in Sweden; I hate pizza; the carpet in my bedroom is green.

Collect all the cards and keep separate stacks for each team. The game is now ready to play.

The object is to name that person on the card that the leader draws (from the other team’s stack of cards) in as few clues as possible. Begin by opening up the bidding between the teams, for example: "We can name that person in five clues!" or, "We can name that person in four clues!" etc. The team that wins the bidding has five seconds to guess after the reading of the appropriate number of clues. Appoint a referee. |
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| One glove per team, pre-filled with milk

String or yarn (to hang the glove around the neck

One container per team (all containers should be the same) |
| --- | --- |
| Lots of 3x5 cards

Lots of pens or pencils |
| 55. Name That Tune | You should know how to do this one! But if you don’t, here’s the quick and dirty…
|                   | It’s two kids head to head. You play a song and the first one to “buzz in” (using a whoopee cushion is cool) has to name that tune. Have the winner stay up there and bring in a new challenger. You can do it the old school way, by “notes” or seconds, but it’s much harder to control.
|                   | Make sure you use a CD player. It’s best to use a disc with a whole bunch of TV tunes or theme songs. Remember, you are dealing with kids who were born in the ‘80’s. They’ll have no idea about those ’70’s TV shows older leaders think are hilarious. Use something current. Snippets of songs taped off the radio work well too. | • Whoopee cushion or buzzer
• Pre-selected songs on cd, cd player |
| 56. Name that Tune with Marshmallows | Four guys versus four girls. One person from each team steps up with a big pot on their head and a big spoon in their hand. When they think they know the answer they beat on their heads for a bell.
|                   | If the answer is correct each member of the other team puts a marshmallow in their mouth. If the answer is wrong, that person’s team puts one marshmallow in their mouth, and if the other team gets the answer right, they put an additional marshmallow in their mouth. | • 2 big cooking pots, 2 big metal spoons
• Pre-selected trivia questions
• A couple bags of marshmallows |
| 57. Napkin Eatin’ Race | Need 3-4 people. Each person opens up a paper napkin and places a corner of it on his or her tongue. Then have a race to see who gets the complete napkin in their mouth first.
|                   | Napkins taste really great, so be sure to bring enough for everyone to enjoy once the competition is over. | • A bunch of napkins |
| 58. Oreo Face | Three or four kids up front twist Oreo open, moisten the creamier side and stick it to their forehead. Then, without using their hands, they try to slowly contort their faces to maneuver the Oreo down their face and into their mouth. First one wins. Funny faces! | • A package of Oreos |
| 59. Pick Your Friend’s Nose | Use a huge piece of paper or a sheet and draw three people on it. Cut out the space for their nose. Three people are chosen from the audience to stick their noses through the holes. The paper has to be big enough to hide their bodies. The rest of the kids try to see if they can pick their friends nose. | • Big piece of butcher paper or sheet |
| 60. Pie Tin Ping-Pong | Two kids sit at the table with a pie tin barely filled with water and a ping-pong ball between them (just enough so the ball floats freely). They are told that the object is to keep the PP ball on the other person's side of the pie tin. Let them practice a few times. Then you blindfold them and replace the pie tin with one filled with some flour. Once you say “go”, watch out, because craziness is about to occur! Variation: For the “joke” part, instead of flour, fill the pie tin with red ants or Drain-O | - Card table
- 2 aluminum pie tins
- 2 blindfolds
- flour
- ping pong ball |
|---|---|---|
| 61. Pillow Jousting | Four guys and four girls. Senior versus sophomore, then junior versus freshman, then championship round. Each girl will be on the back of her guy who is on all fours. Key rule: the girl’s feet cannot touch the ground. Give each girl a pillow and let them try to knock each other off! Call the feet rule close and the championship round will be better. The guys cannot knock each other over, only the girls. You may want to put helmets on the girls. | - 4 pillows
- helmets (optional) |
| 62. Pipe Line | Divide in teams from eight to twenty. Give everyone a straw have them get on their knees. Each team designates a sipper at the far end. At signal they must join their straws together, form a pipeline and sip coke from a cup. Make sure you have towels under the straws for leakage control. | - Several boxes of large straws
- 2 cans of pop
- lots of towels |
| 63. Pudding Drop | 3 guys and 3 girls. Guys lay on their backs and girls stand on a chair above them. Guys have a small dixie cup in their mouth, girls have a thing of chocolate pudding and a spoon. The object is for the girls to get as much pudding in the cup as possible. Blindfolds for the girls are another option. Make sure you have a big drop cloth and lots of towels for clean-up. | - Pudding
- Dixie cups
- Spoons
- Drop cloth
- towels |
| 64. Rubber Band Head | 3-4 people put a large rubber bands around their heads. Place it so that is squashes their nose and folds their ears over. They can use anything to get it down around their necks except their hands (can use wall, other people, etc.). First one done wins | - Large rubber bands |
| 65. Shoe Tyin' Challenge | Divide all the people into groups of three. Taking turns, have two people untie and then retie the laces of the group with one person using his left hand and the other person using his right hand. Put a time limit on it. Race against two groups. | - No supplies needed |
### 66. Silly Submarine

A volunteer lies flat on his back on a table with a person at each arm and each leg. The legs are the left and right rudders. The arms are torpedoes one and two. A jacket is put over the volunteer’s head with one sleeve directly over his nose. This is the periscope. The captain (you) yells “Left rudder!” (Person on left raises leg) “Right rudder!” (Raise right leg) “Torpedo one!” “Torpedo two!” (Raise arms). “Up periscope!” (Sleeve is lifted straight up). “Dive! Dive!” (You pour water down sleeve and into the volunteer’s face.)

- A jacket
- A cup full of water

### 67. Sister and Brother

This game is very similar to the Newly Wed Game, but instead of newlywed, use brother and sister couples. They must work together to score the highest points possible to win. The brother is sent out of the room and the sister answers a series of questions about her brother. She records her answers on a large sheet of paper. When the brother returns, he sits in a chair with his sister standing behind him holding up her written answers. If their answers match, the couple gets a point. Repeat this process by sending the sister out of the room and asking the brother to answer questions. Tally the scores and award the prize. Their answers are usually hilarious.

#### Sample Questions to the sister about her brother:

1. What is the dumbest thing your brother has ever done?
2. What is his favorite food?
3. What do you dislike most about your brother?
4. Describe your brother in one word.
5. What is the meanest thing he has ever done to you?
6. What does he spend most of his time thinking about?
7. If you had one wish, what would you wish about your brother?
8. What is his favorite TV program?
9. How often does he take a bath?

#### Question to the brother about his sister:

1. What does your sister spend most of her time doing?
2. If you were your sister, what would you change about yourself first?
3. About how many arguments do you have with her each week?
4. Who obeys your mom and dad best, you or your sister?
5. How old was your sister when she kissed her first boy?
6. What animal is your sister most like?
7. What is your sister’s favorite subject?
8. How long does she talk on the phone each day?

- Large piece of paper
- Marking pens
| 68. **Skydiving Practice** | Have two guys hold a 6 foot 2x4 on each end, about 6 inches off the ground. A blindfolded kid steps onto the board with the help of a leader. He/she should put his/her hands on the leader’s shoulders (leader facing the crowd). The leader then begins to kneel down to give the kid the illusion that he/she is being lifted into the air. Actually the board stays about 6 inches off the ground but the guys holding the board shake it a little bit, as if they are straining. The leader then moves away and the kid is supposed to jump off and roll when they hit the ground, “just like parachuting”. Of course, the kid jumps and hits the ground much sooner than expected. It’s always best to wear a helmet for this stunt game. | • 6 foot 2x4 or 2x6  
• Helmet |
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<td>69. <strong>Smelly Autographs</strong></td>
<td>Five guys have 3 minutes to see how many girls signatures they can get on their bare feet. Make sure you bring pens that work well.</td>
<td>• Lots of permanent marking pens</td>
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| 70. **Spam Roulette** | Call up people to the front. They play Spam roulette. Music would play, I guess. When the music stops, the person must choose a person on his right or left. That person must answer a trivia question about Spam. If they cannot answer, they must take a bite of Spam. | • Can of Spam  
• Spoon(s)  
• Spam facts (there is a phone # on the Spam can) |
| 71. **Straw Trick Race** | Have 3 or 4 kids put one end of an ordinary drinking straw in their mouths. Have them all start at the same time and try to get their mouth from one end of the straw to the other without using hands, only mouths and tongues. | • A box of straws |
| 72. **Strength Test** | All you need is a flat, ordinary bathroom scale. Each person holds the scale with two hands and squeezes it, pressing as hard as possible to register the highest weight on the scale. Or, you could have two people, one holding the scale and the other pushing, attempt to register their highest weight on the scale. Or, you could have two people, one holding the scale and the other pushing, attempt to register their highest score. | • A bathroom scale |
| 73. **Surgical Glove Head Explosion** | Have a kid from each class come up front. Have them stretch a surgical glove over their head (so it covers their nose – but not mouth too!) and blow it up until it pops. This is a crowd pleaser and people really enjoy it too! | • Rubber surgical gloves (make sure they are the stretchy kind) |

*A Younglife Classic!*
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| **74. Talk-Off** | Get two kids up front. Have them sit facing one another. Give them a topic (global peace, politics, hair gel, peanut butter, whatever). Once you say go, they have to talk about it simultaneously to one another. Two leaders with squirt bottles listen for pauses, repetition, etc.. If one of the kids does - squirt city baby! Then you bring up two new kids for more madcap fun! | • 2 squirt bottles  
• Pre-determined list of topics |   |
| **75. Tide Country** | Have a leader walk in with muddy, grape juice stained, grass stained, ink pen stained socks (in boots). Have the leader make up some story about how it happened and then some story about how they need their socks cleaned. Get four buckets. Fill two up (about 6 inches) with warm water and Tide detergent, two with clean warm water (about 6 inches). Bring two kids up front (not two girls - at least one guy). Bring out the buckets (use dropcloths underneath). Have each kid clean a sock while the group sings a song. At the end of the song, see who got the sock the cleanest. Let them keep the sock - they'll love keeping it for years! | • Two 5 gallon buckets  
• 2 cups of Tide or another detergent  
• 2 equally nasty socks with serious staining on them  
• A good story as to how the socks got nasty |   |
<p>| <strong>76. Toilet Paper Mummy</strong> | Need 3 teams of 2. Have kids stand back to back. Give them one roll of toilet paper (or more), and see which pair can do the best job wrapping themselves into a mummy. It's not as scary as it sounds, 'cause they don’t look like real mummies when they are finished. | • 6-8 rolls of TP |   |
| <strong>77. TP Blow</strong> | Four people per team, the object is to see how long they can keep a square of toilet paper in the air by blowing on it. | • A roll of TP |   |
| <strong>78. Two Liter Tag Team</strong> | Have 3 teams of 2 up front, give each team a 2 liter of pop. The rules are that they can pass the 2 liter back and forth as they drink it. The first team done wins. | • Three 2 liter pops |   |
| <strong>79. Wallet Showdown</strong> | Two guys who have wallets each face the other and see who can &quot;draw&quot; his wallet the fastest and stick it in his mouth (gunfighter style). Another way to do this is to ask for two people who want to win two dollars. When they come up, give each a dollar bill, which they must put in their wallets and place back in their back pockets. On the signal, they go for their wallets, gunfighter style, and each must take the dollar out of his wallet, put it on the floor and then sit on it. The last guy to do so has to give the other guy his dollar, and he loses. | • Several $1 bills |   |</p>
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<th>Number</th>
<th>Activity Description</th>
<th>Items Required</th>
<th>Detail</th>
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| 80.    | **Watch Me Eat!**    | - Plexiglass  
|        | Get a piece of plexiglas, about 2 1/2’ x 4’. It needs to be pretty thick (3/8”, at least) so that there's no danger of it breaking. Then stick ritz crackers on it in vertical lines with peanut butter. | - Ritz crackers  
|        | Have 2 kids hold the glass up so that the peanut butter side faces the crowd, and have 2-3 kids stand behind it and try to eat the lines of crackers off in the fastest time. It's pretty funny to see their mouths, teeth, etc. from the other side of the glass as they attempt to eat the crackers (no hands, of course). Also works with Oreos and Will not work with salad. | - Peanut Butter |
| 81.    | **Wheel of Misfortune** | - A “Wheel” of Misfortune  
|        | Run this like a game show with a wheel that has things like "pie in the face" and some possible good things like "$25 off camp." Contestants get whatever the wheel lands on if they can answer a trivia question (or a question about Camp, etc.). | - Pre-determined questions  
|        | Food items – make them progressively harder to eat  
|        | Drop cloths under the wet/messy food items | - Prizes |
| 82.    | **Wheelbarrow Eating Race** | - Food items – make them progressively harder to eat  
|        | Get three couples. Set out line of food items beginning with small stuff (M&M pile) and get larger (Jell-o or a plate with Spam). The girls wheelbarrow the guys down the row as the guys eat the items. | - Drop cloths under the wet/messy food items |
| 83.    | **Whipped Cream Pie Search and Rescue** | - 3 whipped cream “pies”  
|        | Need 3 kids up front. Put a whipped cream pie in front of each kid. Tell them that there are 5 M&M’s in each pie. The first ones to find all five using only their face (mouth) will win. But only put 4 M&M’s in each pie. This will go on for hours if you don’t finally break the news – use good judgment. | - 12 M&Ms |
| 84.    | **Whirling High Jump** | - Yardsticks | Get three volunteers to come forward and try this simple game. Give each a stick about 24 inches long. Tell him (or her) to hold it straight out at arm’s length with both hands so that he can watch it while turning around 25 times. Have the rest of the group count as the person turns around. He then must drop the stick and jump over it. Whoever jumps the farthest is the winner. Of course, most kids get so dizzy they can’t even see the stick when they drop it, let alone jump over it. It’s fun to watch kids fall over. |
| 85. You Gotta Buy My Bag! | Take one enthusiastic kid out of the room. Tell him or her that he/she is selling what is in the paper bag and that there is someone in the room with $5 who will give it to them if they are a good enough salesperson. IMPORTANT - Tell them it is gum or a food of some kind. While they are in the other room, tell the audience that they have underwear or toilet paper in the bag. Bring them back in and…whoa boy! People will think that person eats underwear or something crazy like that!!! | • Paper bag  
• Clean pair of tight whites OR  
• Wad of clean toilet paper |

### Outside Only

| 86. Balloon Butt Pop A Younglife Classic! | Have 2 people go head to head for this one – sitting on chairs. Have a leader (same gender as the student) “placing” the balloons. It’s a race to see who can break more balloons in a given time by sitting on them. Here’s where it gets crazy…make the last one a water balloon. Wet butt! | • Lots of balloons  
• 2 water balloons |

| 87. Balloon Squeeze | Need 3 couples. Have each couple face each other. Place a large balloon between them – keep it above the waist. They must turn all the way around, then hug to pop the balloon. If the balloon drops, they must start over. When the balloon pops, they start with another until they’ve popped three. | • At least 10 big balloons |

| 88. Car Cram | Split group into two. Teams see how many people they can fit into a small car. Doors must be able to shut. Might want to prep car beforehand. | • |

| 89. Egg Blow | Get two guys or two girls. You will need one 4 ft. section of clear plastic (flexible) tubing and several eggs (water works too - but it’s not as cool) Break the eggs and pour them into the tube, keeping each end of the tube elevated, so that the egg settles in the middle. On the count of three, both people blow from either end of the tube. Each contestant must attempt to blow the raw egg into the other person’s mouth. Guaranteed barfing with this one. | • Flexible tubing (4 feet or so)  
• Raw eggs  
• Towels for clean-up |

| 90. Egg ‘N Sausage Rodeo | Guys put raw egg (still in shell) inside pantyhose and pull over head. Girls ride piggy-back with half a kielbasa sausage (put the sausage in pantyhose also or it will break immediately and they will have nothing to swing with). Try to break other guy’s egg, make sure guys know they cannot hit each other. Four teams, lots of room, knee-pads for guys if it is a hard floor, and towels to clean up! A cowboy rodeo sell will work. Have some good country wild west music for this ride also! | • Eggs  
• Sausage  
• Country music |
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<th>Ice Stuffing Contest</th>
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<td>Choose three guys and have them tuck their shirt (preferably a t-shirt) into their pants. Then have them weigh in (have a good scale — digital works best). Then have 2 girls stuff each guy’s shirt with ice cubes (one handful at a time) for one minute. The guy with the most weight gain wins. You will need 20 pounds of ice (use the “Party Ice” found at grocery stores) per guy and big coolers to dump ice into afterward. Give each guy a YL t-shirt to change into afterward.</td>
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<td>• 6-8 bags of “Party Ice” • Towels for drying off • Dry YoungLife t-shirt for each guy</td>
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<th>Inner Tube Stuff</th>
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<td>Get a large truck inner tube. Have teams try to see who can stuff the most people in their tube. Then, once the tube is stuffed, pop the tube with a large hunting knife and everyone will be stuck! Mass funny!</td>
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<tr>
<td></td>
<td></td>
<td>• Large truck inner tube</td>
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<tr>
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<th>Balloon Shavin’</th>
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<td>3 or 4 kids race to shave a balloon. First put shaving cream all over the balloons. The trick is that when the balloon breaks, the shaving cream goes all over — so be prepared for mayhem. A little nick put on the razor’s edge before hand will assure that the balloons will break.</td>
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<td>• 3-4 big balloons • Two cans of shaving cream • 3-4 Bic® razors</td>
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<tr>
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<th>Shaving Cream Hairdos</th>
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<td>Pair up 3 guys and 3 girls (girls should have long hair and should be able to hack this one). Guys have 2 minutes to “sculpt” a new hairdo for the girls. Use a drop cloth and have towels on hand for cleanup.</td>
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<td></td>
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<td>• Three cans of shaving cream • Dropcloth • Towels</td>
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<th>Shoe Shuckin’ Bucket Challenge</th>
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<td>Teams of 5-6 lie on backs in a circle with feet in the air in the middle. They must balance a bucket of water on their feet and each team member must remove shoes w/o spilling.</td>
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<td></td>
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<td>• Large 5 gallon bucket of water</td>
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<th>Skateboard Rowing</th>
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<td>Need 3-4 racers. Racers sit on skateboard and use plungers as oars. This can be done as a relay too.</td>
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<td>• 3-4 skateboards (the smaller the better) • 3-4 plungers</td>
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<td>Have 2 or more teams line up and race to pass a roll of toilet paper over one person’s head and under the next person. First team to finish the roll wins.</td>
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<td></td>
<td></td>
<td>• 2 or more rolls of TP</td>
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